

Charlotte El-Khalil (MA)

Psychologist, Psychotherapist

*Accredited by the ministry of health

*Member of LPA Lebanese Psychological Association

*Member of MEPA Middle East Psychological Association

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CONFIDENTIAL PSYCHOLOGICAL REPORT

To whom it may concern,

The following report is the summary of the psychological evaluation of Mr Amir Hani, after his approval.

I have consulted Mr Amir Hani, 19 years old, in my clinic in Zalka on June 6, 2019, from 3:15 pm to 4:15pm.

Since then I am following his case with weekly psychotherapy session that has been very helpful to help him to understand her internal conflicts, emotional dysregulation and interpersonal problems.

Amir is presenting a stress reaction following multiple life stressors that have cumulated over the years. He has been however able so far to cope extremely well with all the stressors, as he has good internal resources as well as resilience capacities with excellent executive functioning in terms of problem-solving and planification skills.

However, given the life, family and environmental stressors he has been exposed to, he has developed stress reactions with trouble sleeping, fatigue, mild to moderate depressive and anxiety symptoms.

I would highly recommend and advise he resumes his studies at the university and do his exams, as he is highly motivated for his academic advancement since it gives him a sense of purpose.

Still to say, that DR Jihane Rouhayim (Psychiatrist) is following his case and his medical treatment.

For more information please don't hesitate to contact me.

CHARLOTTE EL-KHALIL
PSYCHOTHERAPEUTICALLY
Charlotte el-khalil